



The Healing Hands

Brooklyn United Methodist Church Home
and
Adult Day Healthcare Center

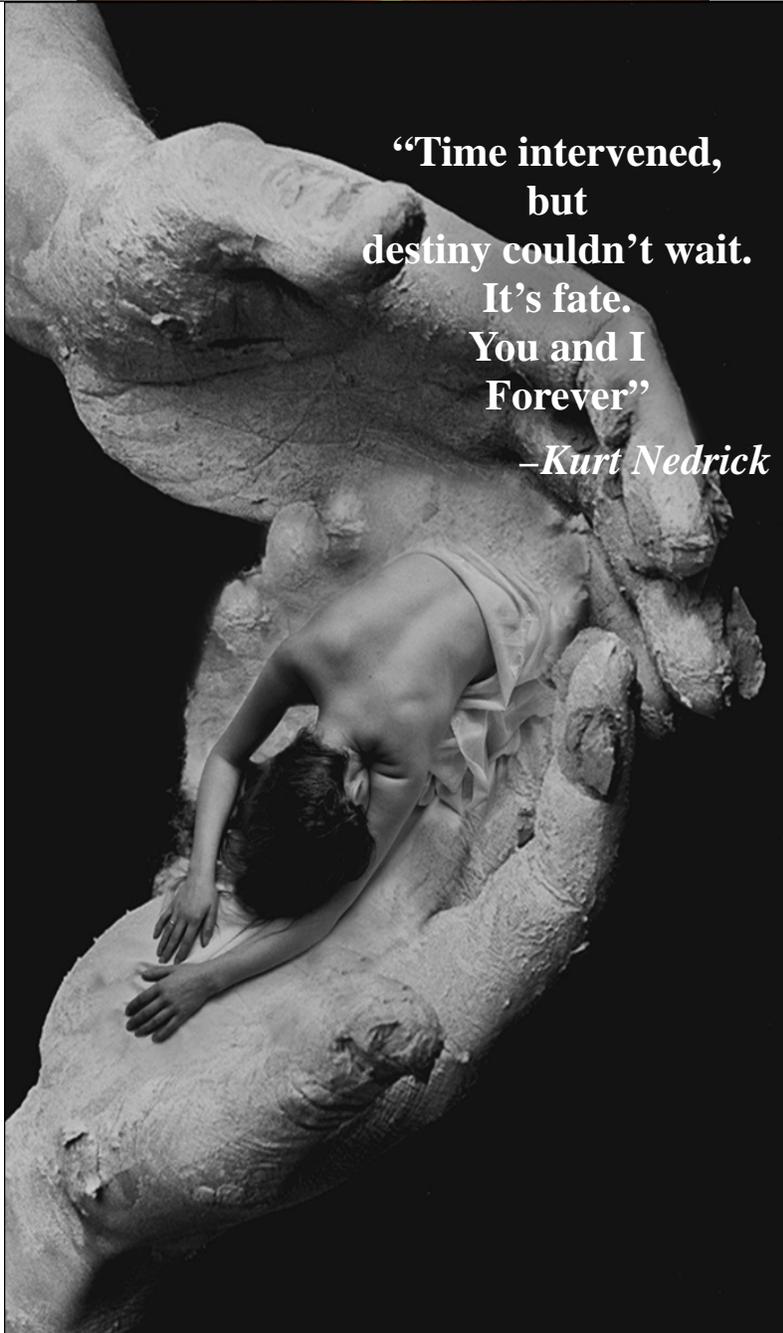
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“Time intervened,
but
destiny couldn’t wait.
It’s fate.
You and I
Forever”

–Kurt Nedrick

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Spring/Summer 2010





In Appreciation of Services

Mr. Kurt Nedrick

Four years ago, I came here to BUMCH as a paraplegic with intentions of obtaining Physical and Occupational therapy to elevate my quality of life. Both departments lacked personnel and structure even to attempt to assist me in achieving this. Absent was an established program, that could assess each resident, and find their needs as they pertain to Physical and Occupational Therapy and Speech and Language Pathology (SLP), and address them effectively.

But, in the year of 2009 administratively, this was appropriately addressed. I saw a new team, well energized with a humanitarian spirit, filled with empathy, compassion and a sense of spirituality in motion that brought hope to the dependent disabled residents. I have witnessed them assessing residents, tapping into who they were and what makes them tick and helping them to reclaim what age and physical ailment had taken. What they incorporate into Physical and Occupational Therapy and SLP is a kind of holistic approach with a blend of Psychotherapy. That is unique and revolutionary and could be used as a model futuristically. As a resident I have experienced their care and I am delighted, uplifted and wish them prolonged success. Keep up the good work.

**Taking
Steps.**





Rehabilitation Department Brooklyn United Methodist Church Home

Colleen Thomas
Speech Therapist

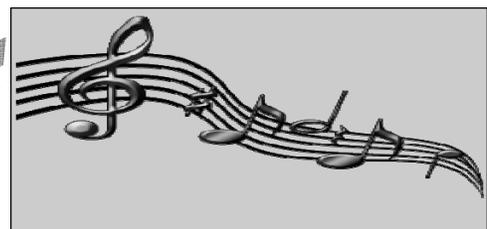
It is a pleasure to be among the clinicians of the Rehabilitation Dept. of Brooklyn United Methodist Church Home. The Rehabilitation services include occupational therapy, physical therapy and speech therapy. Over the past year, we have grown into a great team who has gone to great length to provide the best care for the residents in order for them to regain their maximum function and in some cases maintain their independence.

Many were able to regain their functional mobility and return to their normal activities of daily living by means of a structured program, words of encouragement, spiritual uplifting, and music. It's encouraging when residents express their appreciation and gratitude. Like our residents, we are gratified to provide our services.

I enjoy the stories and interaction with the maturing seniors. I work in the rehabilitation department with the Physical Therapists and Occupational Therapists. I provide care for the residents if they are having difficulty with their communication skills and/or difficulties swallowing their food and/or drink (also known as dysphagia). This rehabilitation department is very nurturing towards their residents not only through the regimen that is needed to assist with their regaining of physical strength but we also manage to infuse it with holistic healing through music, encouragement through our words and the resident's overall well-being. Personally, it is a rewarding experience working with my colleagues and residents and seeing the progress that is made on a day-to-day basis.



HOPE



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Admissions Coordinator: Damary Campos

Ms. Damary Campos is responsible for all admissions at the Brooklyn United Methodist Church Home. Ms. Campos serves as a liaison between the residents of the Home and the surrounding communities often fostering strong partnership with area hospitals in order to better assist families with placement of family members who require extensive care at Brooklyn United Methodist Church Home. When family members visit they are given a tour of the facility by Ms. Campos and informed of the many services offered.

Activities such as exercise, health, dance, and ecumenical services with different Christian and church groups, cooking class and much more.



Joyful Times at BUMCH





DIETARY



Our Registered Dietitian Joann Pierdipino and Dietetic Technician Kathleen Keicher, with the help of IT Coordinator Dory Finkelstein, have recently completed a project to update the GeriMenu System. The GeriMenu software is designed for Long-Term Healthcare Food Service Departments to help honor residents' food preferences and simplify office procedures. GeriMenu is a very important part of our day-to-day operation.

The GeriMenu System is used to organize and plan meals for our residents according to our four week menu cycles. In the skilled-nursing setting, tray tickets are used to reflect each resident's dietary needs and preferences. The ability to input resident food preferences and allergies into the system is invaluable. GeriMenu is also used in the Nursing Home and the Adult Day Health Care Center to track and graph resident weights. The software makes it easy to see which of the residents have had a significant weight change over a period of time. Overall, this project has resulted in a noticeable improvement in meal service for our residents and registrants at the Brooklyn United Methodist Church Home.

On the lighter side, our Monday morning Nutrition Cooking Class has become an activity that most of our staff, residents and registrants look forward to. We provide easy and nutritious recipes to promote a healthier lifestyle. All of our staff is included and encouraged to pick a Monday to cook. Staff participation has helped to bring ethnic foods to the table, offering cultural variety to our recipes. It has been a fun way to help teach our participants how to make healthier food choices. The best of all is that everyone gets a taste!



LORD BLESS THIS FOOD WE ARE ABOUT TO RECEIVE. (AMEN)



Ms. Awilda Rosario
Program Director

New Beginnings for the Adult Day Health Care Program

The BUMCH Adult Day Health Care Program has evolved greatly within the last three years. We are at a point where we see our goals being met and our expectations being materialized one by one. This is being evidenced by the population that we are now serving. This population reflects well the criteria and requirements established by the Department of Health Regulations. A great contribution to the positive change has been the staff. Our staff has received and will continue receiving extensive training on ADCH regulations, practices and procedures. We are currently undergoing full revision of all policies and procedures for our program. All this has translated into a clear understanding of what is required to run a vibrant, effective program. Nursing, which was the most challenging area due to the high level of staffing turn-over, is now fortunate to have Jenny Amaya, RN. She has imparted consistency and structure to our nursing services along with our new acquisition, Dimitri Chernov, RN.

We are also proud of the high level of social services and case management offered by our program. We have seen Ketanya Mitchell grow professionally by leaps and bounds to the point that she has made the decision to obtain her Master's degree in Social Work. Case Manager, Mitzzi Cervantes' efforts on behalf of the registrants are proving to be effective and efficient. She walks people smoothly through the entanglements of entitlement and benefit programs which can be very daunting to those who are unable to navigate our often unfriendly systems.

Our therapeutic recreational activities are also undergoing the same metamorphosis; especially activities that are specifically designed to meet the needs of registrants who can not participate and benefit from regular activities due to mental and/or physical disabilities. At the same time all registrants continue to participate and be fully engaged in such activities as fashion shows, singing concerts, and special events. We have observed registrants with varying types of disabilities taking part in activities such as singing and dancing with such a delight that can only come from genuine enjoyment. At our program, the staff mindset is truly making a difference. They do not hesitate to motivate the registrants by taking active roles in the special events planned, often pairing up with registrants that may be reluctant to participate. Even staff members from other departments have supported our efforts by taking part in our activities in order to encourage registrant participation.

Our goal is to create an environment where the registrants' needs are understood and met at their level. A good Adult Day Health Care program must be a place where participants feel safe, supported, respected and appreciated for who they are.

We look forward to our continued growth into a model Adult Day Health Care Program.

Awilda Rosario
Program Director

The New Faces at BUMCH



We need more money



**CEO of Technology Enterprise
Finance Officer Daniel Gibbings**



**CODE BLUE
CODE BLUE**

We need more equipment

**Adult Day Healthcare Doctor
Gabriel De Jesus Gonzalez**



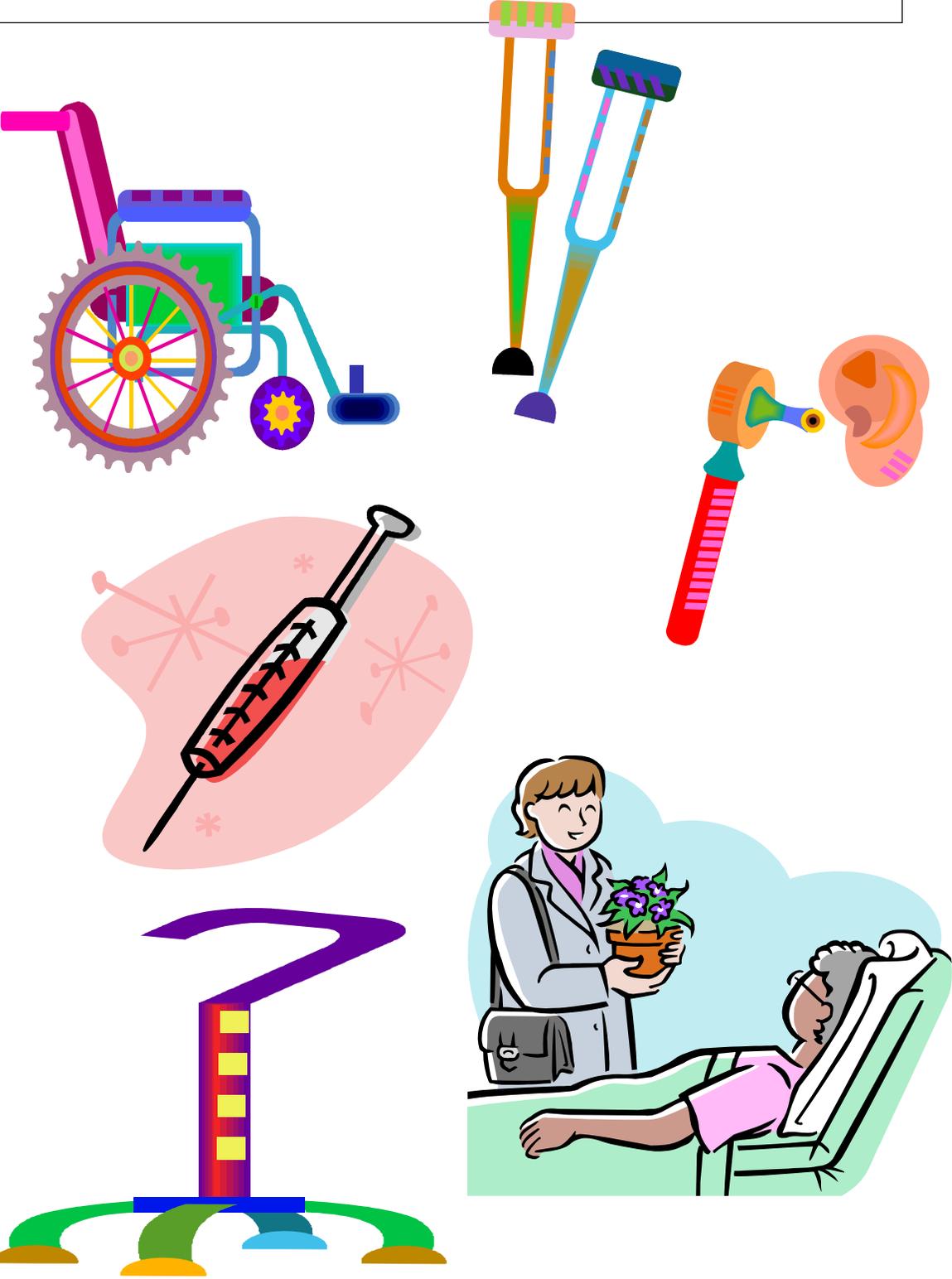
**REHABILITATION
Physical Therapist Ojasvi Goel**

**New Beginnings
Making the Journey
with Love and Blessing**

Proverbs 22:6 – Train up a child in the way he should go; and when he is old, he will not depart from it.



Hebrews 13:21 – Equip you with everything good





Rev. John H. Cole
President of BUMCH
Pastor, Grace United Methodist Church
Valley Stream, New York



Beginning Again – and Again

Just when we think everything is going OK, just when we think our problems are solved, just when we put our feet up and relax, a whole new set of challenges pop up to keep us from getting too comfortable.

Our beloved senior care facility, fondly called BUMCH, has been doing very well of late. Beds filled, loving care given, day care running smoothly with good attendance, hard working staff top to bottom, building improvements being done (yes, the elevators will be ready early in the new year!) and last week a joy filled (dance and watch the Yankees win – what more could you ask...) successful annual banquet. To all of you who make it happen, for the extra things and the daily care you give, “Thank you, thank you, thank you !!!” However, there are still challenges.

State funding issues in the midst of the biggest financial meltdown in my life, continued need to improve resident care and the reporting of same, the demand to extend our mission of care to meet the huge needs of the elderly population in our community, all of us keeping our hope and optimism up in very demanding times – all this calls us to keep on keeping on.

As a community of faith we must do as the hymn suggests, “This is a day of new beginnings, time to remember and move on...” (*The United Methodist Hymnal #383*) God will indeed use us again & again to make things new.



Rev. John Cole

Brooklyn United Methodist Church Home



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Rev. Kenny Yi
Superintendent, Long Island West District
The United Methodist Church

New Beginnings

When I was in college, I had my eyes set on being a diplomat. The professors and family members had high expectations for young Kenny Yi, one of the top students at college. With their encouragement, I had pretty well established the course of my life. I could see my life stretching out before me

I was drafted instead by a famous import/export company, one of the Fortune 500, even before I graduated from college. I started my career traveling many different countries, making mega deals and negotiating transactions with people in the business world. It was a guaranteed career with a great compensation package.

Then one day, everything changed. I suddenly found myself at an unexpected crossroads in my life and things didn't seem quite so secure anymore. I fell down with a sickness which prevented me from staying in the career. And just like that, my life plans changed forever. The search began. It was a time of a new beginning in my life. I searched for God. I heeded God's Word and obeyed God's call. And the whole course of my life began flowing in a new channel, a new direction.

I found some fundamentals in the life of new beginnings;

*Let the Lord write the prescription for your life.
Let God mix the ingredients and write the instructions.
Discover the will of God and walk in that will.*



New beginnings seem to be a risky business in the beginning but it is a secure one once you get in the groove. Rather than concocting your own ingredients and formulating your own schemes, if you leave the planning to God, your days will be richer in meaning and purpose.

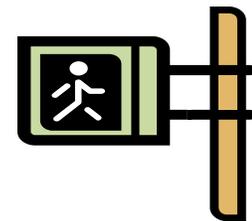
It's time to start a new beginning for your journey. Now!



TAKING



STEPS





BUMCH
Adult Day Health Care Center

Celebrating Life
Happy 50th Anniversary
to Mr. & Mrs. Reid





Victor Orriola
BUMCH Administrator

Administrator's Message

It has been a challenging year, as our country has been forced to cope with the economic struggles of a recession. On a smaller scale BUMCH has also had to deal with the challenges presented to it as a result of the economy in general. Our industry has been beset with numerous closures and we have seen many, many lay-offs, too much for my comfort. Here at BUMCH we have to date, been able to weather the storm so to speak, but not without some sacrifices. I suppose I could speak of the sacrifices made in order to work through the challenges, but instead I've been so moved with the heart and spirit demonstrated by the employees during these hard times, the specifics, perhaps are not so important for the purposes of discussing here. What is important, however, is the care and concern for BUMCH that has been demonstrated by a variety of employees. It gave me such a sense of community.

As we reviewed and discussed the budget cuts and their impact, mid year last year, many employees came to me with various suggestions and strategies for continued fiscal viability. I must admit that some of the suggestions were out there, but I would be remiss if I didn't give credit for some very good suggestions overall. In any case, all the suggestions were well intentioned. The good news is that we did not have to go to extremes and with some adjustments here and there we were able to meet those fiscal challenges. Not only did we manage to meet those challenges but as a matter of fact we were able to make a few quality improvements with our delivery of care and work extensively with our infection control program while also undergoing a complete renovation to our elevators. I can very comfortably say that meeting the economic challenges confronting BUMCH were made a little easier, knowing that we would experience some difficult times, but that together we would come through. While we aren't out of the woods just yet, I want to say, thanks for the support. It certainly is a lot easier knowing you're not alone.



Can't see the forest for the trees: keeping our focus only on small details and failing to understand larger plans or principles. We did not have to take the ax to the tree or worry about petty cash and overlook the budget.

Psalm 121 – I lift up my eyes to the hills – from where will my help come? My help comes from the Lord, who made heaven and earth.

Taking Time Out to Celebrate 22nd Annual Dinner Dance Brooklyn United Methodist Church Home



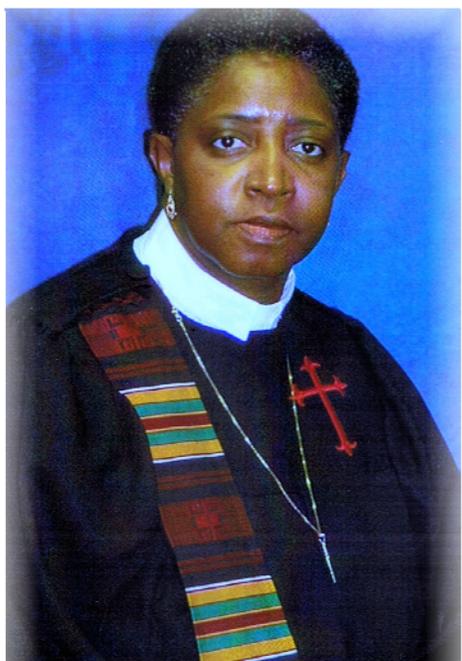
Join us on Wednesday, November 3, 2010, at Russo's on the Bay

Brooklyn United Methodist Church Home and Adult Day Healthcare Center



1485 Dumont Avenue
Brooklyn, NY 11208
(718) 827-4500

Visit us online:
www.bumch.org



From the Editor's Desk

Rev. Eugenia Perez
Director
Pastoral Care & Outreach

Community Sharps Program

As a service to the community, BUMCH will accept household sharps for appropriate disposal every Wednesday in the front lobby, from 2:00 p.m. to 3:00 p.m.

“Sharps” include needles, syringes and lancets only. The sharps containers must be:

- (1) shatter proof, leak proof and puncture resistant;
- (2) sealed with a tight fitting screw top or heavy-duty tape; and
- (3) labeled “CONTAINS SHARPS” It is recommended that the containers be bought at a surgical supply store.

Gen 1:31 – And God saw everything that he had made, and behold, it was very good (suitable, pleasant) and He approved it completely.

New beginning. And everything looks good and the start made me want to run on, the middle side lets see, and three quarters of the way I stopped had a little fall but I got up. Life is like that – all kinds of stages and encounters longing to bring our dreams into existence. I had someone tell me “nothing beats a failure but a try.” We have a wonderful and outstanding foundation here at BUMCH – “on Christ the solid rock we stand.” We will not yield. We must keep pressing our way. We are a work in progress, advancing, developing, improving, and achieving.